



Swimming Schedule

Vollmer Centre Pool

June 28—September 6, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
AQUA FITNESS	8:00a-8:30a 8:30a-9:00a 9:00a-9:30a 9:30a-10:00a 10:00a-10:30a 10:30a-11:00a 12:00p-12:30p 8:00p-8:45p	7:30a-8:00a 8:00a-8:30a 8:30a-9:00a 9:00a-9:30a 9:30a-10:00a 12:00p-12:45p	7:30a-8:00a 8:00a-8:30a 8:30a-9:00a 9:00a-9:30a 9:30a-10:00a 10:00a-10:30a 10:30a-11:00a 12:00p-12:30p 8:00p-8:45p	7:30a-8:00a 8:00a-8:30a 8:30a-9:00a 9:00a-9:30a 9:30a-10:00a 12:00p-12:45p	7:30a-8:00a 8:00a-8:30a 8:30a-9:00a 9:00a-9:30a 9:30a-10:00a 10:00a-10:30a 10:30a-11:00a 12:00p-12:30p	7:30a-8:00a 8:00a-8:30a 8:30a-9:00a 9:00a-9:30a 9:30a-10:00a 10:00a-10:30a 10:30a-11:00a 12:00p-12:30p	8:00a-8:45a	8:00a-8:45a
LENGTHS	6:30a-8:00a 12:30p-1:30p 9:00p-10:00p	6:30a-7:30a 8:00p-10:00p	6:30a-7:30a 12:30p-1:30p 9:00p-10:00p	6:30a-7:30a 8:00p-10:00p	6:30a-7:30a 12:30p-1:30p	7:00a-8:00a	7:00a-8:00a	
LEISURE SWIM	11:00a-12:00p 3:30p-4:30p	10:00a-12:00p 3:30p-4:30p	11:00a-12:00p 3:30p-4:30p	10:00a-12:00p 3:30p-4:30p	11:00a-12:00p 3:30p-4:30p		1:00p-2:00p	
RECREATIONAL SWIM		1:00p-2:30p		1:00p-2:30p	7:00p-8:30p	2:00p-3:30p		
ADAPTED OPEN SWIM					6:00p-7:00p			

* Vollmer Centre will be closed Wednesday, July 1, & Monday, August 3, 2026.

* LaSalle Outdoor Pool open June 28—October 2, 2026. Please see the Outdoor Pool schedule for a list of offerings.

Hot Tub Schedule

Scan the QR code to visit our live Hot Tub Calendar for up to date hours of operation



Sauna Schedule

Scan the QR code to visit our live Sauna Calendar for up to date hours of operation

