

October 7, 2025

Hello residents of LaSalle,

World Mental Health Day is on Friday, October 10. The World Health Organization recognizes the overall objective of Mental Health Day to raise awareness of mental health issues around the world, and to mobilize efforts in support of mental health. It gives the opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.

This October is National Disability **Employment Awareness Month.** This years theme is Inclusive **Employment Across Canada:** building a workforce without barriers. This means ensuring every employee feels welcomed, supported, and has the tools to be successful. Today, more than 1 in 4 Canadians have a disability, yet 74% report facing barriers at work. 67% encounter barriers before they're even hired. At the Town of LaSalle, we're committed to making disability inclusion a part of who we are. That means

continuing to remove barriers, create opportunities, and ensure our workplace is one where everyone belongs.

## **LaSalle By-Election**

LaSalle By-Election 2025 begins this Friday, October 10. Due to the Canada Post strike, LaSalle voters can pick up their Voter Information Letters (containing a unique pin required for online voting) from Council Chambers at Town of LaSalle Civic Centre, 5950 Malden Road. Voters can also pick -up Letters for other family members of their household. Voting runs from Friday, October 10 through Monday, October 20. For more information, and pick-up hours for Voter Information Letters, visit www.lasalle.ca/ byelection

## **Thanksgiving**

All Town facilities will be closed on Monday, October 13, for the Thanksgiving Holiday.

## **LaSalle Truck or Treat**

Get ready for a spooktacular time on Saturday, October 25, from

12:00 pm to 4:00 pm at the LaSalle Truck or Treat Halloween event. Put on your best Halloween costume and head to the Vollmer Complex, 2121 Laurier Parkway, to explore an exciting lineup of unique vehicles including emergency and construction trucks, while collecting goodies along the way. For more information visit <a href="https://www.lasalle.ca/halloween">www.lasalle.ca/halloween</a>

Mayor Crystal Meloche